

## Holiday Home Work

### Subject: Science

#### Class : VI

- Make a food chart of Healthy diet
- Prepare some sprouts of *moongor* any other pulses. Wash them in water everyday and drain all the water. Let them grow for a week until the whole of seeds grow into young plants. Measure the lengths of the sprouts everyday using a string. Take care that they do not break. Prepare a bar graph of the number of sprouts having lengths in different ranges.

#### Class : VII

- Find out what vitamins are and get the following information.
  1. Why are vitamins necessary in the diet?
  2. Which fruits or vegetables should be eaten regularly to get vitamins?Write a one-page note on the information collected by you. You may take help of a doctor, a dietician, your teacher or any other person, or from any other source.
- Collect data from your friends, neighbors and classmates to know more about “milk teeth”

Tabulate your data. One way of doing it is given below.

Sl.no	Age at which first tooth fell	Age at which last tooth fell	No. of teeth lost	No of teeth replaced
1				
2				
3				
4				
5				

#### Class : VIII

- Collect different types of seeds and put them in small bags and label them.
- Collect pictures of some other agricultural machines and paste them in a file. Write their names and uses.
- Pull out gram or bean plant from the field. Observe its roots. You will find round structures called root nodules on the roots. Draw a diagram of the root and show the root nodules.
- Collect the labels from the bottles of jams and jellies. Write down the list of contents printed on the labels.